



# HERO CHALLENGE THREE INTERCLUB

HERO-ERA - 19th September 2026

## BEST PERFORMANCE ON TESTS



| Test 1 |      | Test 2 |      | Test 3 |      | Test 4 |      | Test 5 |      | Test 6 |      | Test 7 |      |
|--------|------|--------|------|--------|------|--------|------|--------|------|--------|------|--------|------|
| 11     | 1:04 | 1      | 2:09 | 1      | 1:23 | 6      | 1:45 | 6      | 0:51 | 1      | 1:11 | 28     | 2:08 |
| 1      | 1:05 | 2      | 2:11 | 6      | 1:24 | 2      | 1:49 | 1      | 0:52 | 2      | 1:13 | 1      | 2:09 |
| 6      | 1:05 | 6      | 2:13 | 2      | 1:27 | 11     | 1:50 | 11     | 0:54 | 4      | 1:13 | 6      | 2:09 |
| 28     | 1:08 | 11     | 2:14 | 7      | 1:28 | 15     | 1:50 | 4      | 0:56 | 6      | 1:13 | 3      | 2:10 |
| 4      | 1:09 | 7      | 2:15 | 8      | 1:29 | 3      | 1:51 | 7      | 0:56 | 3      | 1:14 | 4      | 2:10 |
| 7      | 1:09 | 5      | 2:18 | 15     | 1:29 | 28     | 1:51 | 3      | 0:57 | 14     | 1:15 | 2      | 2:11 |
| 14     | 1:09 | 28     | 2:18 | 4      | 1:30 | 1      | 1:52 | 15     | 0:58 | 8      | 1:16 | 11     | 2:14 |
| 2      | 1:10 | 3      | 2:21 | 28     | 1:30 | 5      | 1:52 | 18     | 0:58 | 16     | 1:17 | 7      | 2:15 |
| 8      | 1:10 | 8      | 2:21 | 5      | 1:31 | 4      | 1:54 | 5      | 0:59 | 7      | 1:18 | 12     | 2:15 |
| 16     | 1:10 | 12     | 2:21 | 12     | 1:31 | 7      | 1:54 | 9      | 0:59 | 15     | 1:18 | 14     | 2:16 |
| 12     | 1:11 | 14     | 2:21 | 33     | 1:31 | 16     | 1:55 | 16     | 0:59 | 18     | 1:18 | 16     | 2:16 |
| 3      | 1:13 | 18     | 2:21 | 21     | 1:32 | 9      | 1:57 | 21     | 0:59 | 28     | 1:18 | 15     | 2:17 |
| 33     | 1:13 | 4      | 2:23 | 9      | 1:33 | 12     | 1:57 | 31     | 0:59 | 31     | 1:18 | 8      | 2:21 |
| 9      | 1:14 | 31     | 2:23 | 10     | 1:33 | 21     | 1:58 | 33     | 0:59 | 9      | 1:19 | 24     | 2:21 |
| 10     | 1:14 | 15     | 2:25 | 16     | 1:33 | 33     | 1:58 | 8      | 1:00 | 21     | 1:19 | 17     | 2:22 |
| 15     | 1:14 | 21     | 2:25 | 31     | 1:33 | 8      | 1:59 | 24     | 1:00 | 5      | 1:20 | 21     | 2:22 |
| 18     | 1:14 | 24     | 2:25 | 18     | 1:34 | 17     | 1:59 | 17     | 1:01 | 12     | 1:20 | 31     | 2:23 |
| 31     | 1:14 | 33     | 2:25 | 24     | 1:34 | 18     | 2:00 | 22     | 1:03 | 17     | 1:20 | 9      | 2:24 |
| 17     | 1:15 | 9      | 2:31 | 17     | 1:35 | 30     | 2:02 | 2      | 1:05 | 24     | 1:21 | 18     | 2:26 |
| 30     | 1:15 | 16     | 2:31 | 14     | 1:36 | 31     | 2:03 | 28     | 1:05 | 22     | 1:26 | 33     | 2:27 |
| 5      | 1:16 | 30     | 2:31 | 11     | 1:37 | 14     | 2:04 | 34     | 1:05 | 33     | 1:28 | 30     | 2:33 |
| 24     | 1:16 | 10     | 2:32 | 19     | 1:39 | 24     | 2:05 | 12     | 1:11 | 27     | 1:30 | 22     | 2:34 |
| 21     | 1:18 | 17     | 2:32 | 30     | 1:39 | 19     | 2:08 | 23     | 1:11 | 30     | 1:31 | 27     | 2:37 |
| 19     | 1:22 | 19     | 2:38 | 22     | 1:44 | 22     | 2:13 | 14     | 1:12 | 34     | 1:32 | 34     | 2:40 |
| 22     | 1:27 | 22     | 2:41 | 3      | 1:51 | 34     | 2:13 | 30     | 1:14 | 19     | 1:33 | 5      | 2:41 |
| 23     | 1:30 | 34     | 2:44 | 29     | 1:55 | 27     | 2:22 | 29     | 1:18 | 29     | 1:35 | 19     | 2:41 |
| 34     | 1:31 | 29     | 2:51 | 23     | 1:58 | 23     | 2:26 | 19     | 1:35 | 11     | 1:39 | 29     | 2:56 |
| 29     | 1:39 | 23     | 3:02 | 34     | 1:59 | 29     | 2:38 | 27     | 1:42 | 23     | 1:40 | 23     | 2:59 |
| 27     | 3:00 | 27     | 3:09 | 27     | 2:07 | 10     | 5:00 | 10     | 3:00 |        |      |        |      |



# HERO CHALLENGE THREE INTERCLUB

HERO-ERA - 19th September 2026

## BEST PERFORMANCE ON TESTS



| Test 8 |      | Test 9 |      | Test 10 |      | Test 11 |      | All Tests |                   |       |
|--------|------|--------|------|---------|------|---------|------|-----------|-------------------|-------|
| 1      | 1:08 | 7      | 1:09 | 1       | 2:02 | 1       | 1:05 | 1         | Mick Valentine    | 16:06 |
| 6      | 1:14 | 1      | 1:10 | 11      | 2:02 | 6       | 1:06 | 6         | Ali Procter       | 16:21 |
| 4      | 1:15 | 4      | 1:11 | 6       | 2:06 | 7       | 1:10 | 2         | Paul Dyas         | 16:58 |
| 2      | 1:16 | 2      | 1:13 | 4       | 2:07 | 4       | 1:13 | 4         | Darell Staniforth | 17:01 |
| 28     | 1:16 | 15     | 1:13 | 2       | 2:08 | 28      | 1:13 | 28        | Trefor Griffiths  | 17:10 |
| 3      | 1:17 | 28     | 1:13 | 7       | 2:08 | 2       | 1:15 | 7         | James Griffiths   | 17:18 |
| 5      | 1:18 | 5      | 1:15 | 14      | 2:10 | 5       | 1:16 | 11        | Tim Tordoff       | 17:28 |
| 15     | 1:18 | 6      | 1:15 | 28      | 2:10 | 11      | 1:16 | 15        | Rob Kitchen       | 17:30 |
| 11     | 1:20 | 14     | 1:15 | 3       | 2:12 | 15      | 1:16 | 3         | Martin Payton     | 17:39 |
| 9      | 1:22 | 18     | 1:15 | 15      | 2:12 | 3       | 1:17 | 16        | David Crooks      | 17:57 |
| 14     | 1:22 | 3      | 1:16 | 16      | 2:14 | 18      | 1:18 | 5         | Ken Binstead      | 18:01 |
| 21     | 1:22 | 16     | 1:16 | 5       | 2:15 | 9       | 1:19 | 14        | Hugh Garnish      | 18:01 |
| 18     | 1:23 | 17     | 1:17 | 12      | 2:15 | 16      | 1:19 | 18        | Paul Heaney       | 18:02 |
| 16     | 1:27 | 21     | 1:17 | 18      | 2:15 | 17      | 1:20 | 21        | Andrew Parr       | 18:12 |
| 24     | 1:27 | 31     | 1:17 | 17      | 2:16 | 21      | 1:20 | 9         | Mark Goodwin      | 18:13 |
| 22     | 1:33 | 8      | 1:18 | 9       | 2:17 | 12      | 1:21 | 12        | Les Andrew        | 18:30 |
| 30     | 1:33 | 9      | 1:18 | 8       | 2:18 | 14      | 1:21 | 24        | David Morris      | 18:32 |
| 19     | 1:35 | 11     | 1:18 | 21      | 2:20 | 24      | 1:23 | 31        | Grant Hatfield    | 18:45 |
| 7      | 1:36 | 24     | 1:19 | 31      | 2:20 | 31      | 1:23 | 8         | Noel Kelly        | 18:50 |
| 12     | 1:39 | 22     | 1:23 | 24      | 2:21 | 19      | 1:24 | 30        | John Clayton      | 19:30 |
| 31     | 1:52 | 30     | 1:25 | 30      | 2:22 | 30      | 1:25 | 22        | Brian Dwelly      | 20:04 |
| 8      | 2:07 | 27     | 1:26 | 33      | 2:28 | 22      | 1:29 | 17        | Ed Linton         | 20:27 |
| 27     | 2:22 | 33     | 1:26 | 22      | 2:31 | 33      | 1:30 | 19        | Andy Simpson      | 20:36 |
| 29     | 2:23 | 19     | 1:27 | 19      | 2:34 | 8       | 1:31 | 33        | Lee Davies        | 20:55 |
| 34     | 2:39 | 34     | 1:27 | 27      | 2:35 | 34      | 1:33 | 34        | Ian Prout         | 21:59 |
| 23     | 2:48 | 12     | 1:29 | 34      | 2:36 | 27      | 1:35 | 23        | Colin Evans       | 24:14 |
| 17     | 3:30 | 29     | 1:36 | 23      | 2:51 | 23      | 2:12 | 27        | Phil Cheek        | 24:25 |
| 33     | 3:30 | 23     | 1:37 | 29      | 2:54 | 29      | 3:30 | 29        | Richard Harrison  | 25:15 |